



# County of San Diego IHSS Public Authority

## Job Description

Job Title: **Individual Provider (IP)**

Wage: \$9.00 per hour

Reports To: IHSS Consumer

### Summary

Individual Providers (IPs) assist elderly, blind, and disabled Consumers (clients) of the County of San Diego In-Home Supportive Services (IHSS) program to remain in their own homes by providing personal care services and/or domestic services, as authorized by IHSS. In addition, some IPs may be required to provide basic medical services, as ordered by the Consumer's physician and authorized by IHSS. Individual Providers are employed and supervised by the IHSS Consumers.

### Duties and Responsibilities:

Each IHSS Consumer is assigned a County Social Worker, who determines the type and frequency of services the Consumer can receive from his/her IP. Authorized services (IP job duties) **may** consist of the following tasks:

- Domestic Services: Includes sweeping and vacuuming floors, picking up and dusting, washing floors, washing kitchen counters and sinks, cleaning oven and stove, cleaning and defrosting refrigerator, storing food and supplies, taking out the garbage, cleaning the bathroom, changing bed linens, wheelchair upkeep, etc.
- Preparation of meals

- Meal clean-up
- Routine laundry (in the home, or at a Laundromat if the Consumer does not have facilities on the premises)
- Shopping for basic care needs / groceries
- Respiration: Includes cleaning tubes and machines, assisting Consumer with treatment
- Bowel and bladder care
- Feeding
- Routine bed baths
- Dressing, including Ted hose and braces
- Menstrual care
- Ambulation (walking inside or pushing wheelchair)
- Moving in / out of bed
- Bathing, oral hygiene and grooming
- Rubbing skin, repositioning, range of motion
- Care and assistance with prosthesis, reminding Consumer to take medications, meds set up
- Accompaniment to medical appointments
- Protective supervision
- Paramedical services: Includes administering medications, insulin shots, enemas, glucose screenings as instructed by trained medical personnel

### **Education and Experience**

Prior experience and training is helpful, but not required to be an Individual Provider. However, because Consumers of IHSS hire and supervise their IPs, some Consumers may prefer to employ IPs with a particular level of experience and training, such as CPR certifications, Certified Nursing Assistance or Home Health Aide training.

All Individual Providers must be able to show original and valid documentation at the time of hire that proves their eligibility to work in the United States.